



www.penhillplaygroup.org.uk

Sun Protection Policy

At Penhill Playgroup we want our staff and children to enjoy the sun safely. The sun's rays are particularly strong over the summer and can damage both adults' and children's skin, which can lead to skin cancer in later life. Through working with staff, children, parents and carers, we can help to help protect them by:

- Sending out letters to parents and carers every summer term, and more frequently, if needed, asking them provide a hat for their children; to ensure their children wear clothing that covers their shoulders and to apply a high factor sunscreen to their children before attending the session.
- Children and staff will be encouraged to wear a hat when in the sun. If the children do not have a hat, spare ones will be made available.
- Staff will be encouraged to move around the Playgroup area and not be outside for the whole session, through use of a rota system.
- Play equipment which involves staying in one place for a period of time, such as the sand pit and water trough, will, where possible, be placed in the shade, and the children encouraged to move around.
- Children will be encouraged to go inside if they are getting too hot. Fresh water will always be available and children will be regularly encouraged to have a drink, to keep hydrated. When very hot, fresh drinking water will be available both inside and outside, and, where possible outside, kept in the shade and replenished regularly.
- Explain to the children the dangers of the sun and why they need to protect themselves with a hat, sunscreen and appropriate clothing.
- Playgroup continues to look into the possibility of obtaining a canopy or sunshade of some sort, to be erected outside, or of creating a shady area through the use of other materials and resources.